

You've been MOOed!

*An act of kindness was sent your way,
To bring you joy and brighten your day;
If you wish others to feel joy, too,
Then keep the joy MOOving, we're counting on you!*

How to keep the joy MOOving:

1. If you are MOOed, please post the MOO sign where others will see it.
2. Visit www.northfieldshares.org/kindness to print more MOO signs for you to pass on as you do something nice for others.
3. Don't know where to come up with an idea? Use your imagination or check out a list of kindness ideas on our website.
4. Deliver **your** kindness to any two people (or more) with a MOO sign!
5. The people you MOOed can help continue to spread kindness with their own acts of kindness.

*It will feel so good to see cows all around,
And know joy is spreading throughout our whole town!*

**Random Acts of Kindness Week
happens in February every year,
but ANY DAY is a good day
for an act of kindness!**

**From the land of Cows,
Colleges, & Contentment,
Keep the joy MOOving!**
www.northfieldshares.org

Northfield 
SHARES

I've been MOOed!



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