Kindness BINGO!

Join the fun for Random Acts of Kindness Week, but remember ANY DAY is a good day for an act of kindness!
1) Throughout the week cross off the squares as you complete each act of kindness.
2) Share your progress with us on Facebook or Instagram and tag @NorthfieldShares.
3) Share this BINGO card with a friend!!

Donate nonperishable food items to a food shelf or Little Free Pantry.	Act on every thought of generosity which arises spontaneously in your heart today.	Sign up on the Northfield Shares Volunteer Hub (*northfieldshares. org/volunteer*) and volunteer with a local organization.	Write a thank you note to someone who has had a positive impact in your life.	Call or video chat with someone who is homebound.
Give someone a compliment.	Feed the birds in your backyard.	Read a book out loud to someone – even over a video call!	Turn off all the lights in your house which are not being used.	Pay for the car behind you in line at the drive-thru.
Pick up trash as you go about your day.	Write and deliver or mail notes of appreciation (ex: to city employees, law enforcement, school custodians, teachers, etc.).	"MOO" a friend! Visit *www.northfield shares.org/kindness* to find directions for MOOing.	Tell your family why you love them.	Donate school supplies or a gift card to a teacher.
Run an errand for a family member or friend.	Send a care package to a service member or someone who needs a "pick me up."	Share this BINGO card with a friend and complete another square together.	Leave a positive review for one of your favorite businesses!	Call a friend to say hi!
Shovel a neighbor's driveway or sidewalk.	Write a positive comment on a social media post.	Volunteer to do a family member's chores for them.	Draw and mail a happy picture for residents in a nursing home.	Write a list of things you like about yourself – it is important to be kind to yourself and to others.

Kindness is contagious!
www.northfieldshares.org/kindness

Northfield
SHARES