

You've been MOOed!

*An act of kindness was sent your way
To bring you joy and brighten your day;
If you wish others to feel joy, too,
Then keep the joy MOOving, we're counting on you.*

How you keep the joy MOOving!

1. If you get MOOed, please post the MOO sign where others will see it.
2. Visit northfieldshares.org and print two more MOO signs that you can pass on to others as you do something nice for them.
3. Don't know where to come up with an idea? Use your imagination or check out our list of kindness ideas on the Northfield Shares website.
4. Deliver **your** kindness to two other people, friend or stranger, secretly or in the open.
5. Hand them a MOO sign or leave one behind so they know they've been MOOed. They can then help continue to pass the joy around with an act of kindness of their own.

*It will feel so good to see cows all around,
And know joy is spreading throughout our whole town!*

**February 11–17, 2018, is Random Acts of Kindness Week,
but any day is a good day for an act of kindness!**

Keep the joy MOOving!
northfieldshares.org

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